27th Annual Management of Colon and Rectal Diseases

Celebrating 100 Years of Service to Our Community

Featuring: Advances in the Management of Colon and Rectal Diseases

Saturday, February 23

Omaha Marriott Hotel
10220 Regency Circle
Omaha, Nebraska

$135  Physicians, general surgeons, nurse practitioners and physician assistants
$75  Nurses, support staff and public health professionals
$45  Fellows, residents and full-time students

6.5 CE hours

Register at excellence.
creighton.edu/2019colonrectal

PURPOSE
This conference is designed to update primary care physicians, nurses, pharmacists and support staff on recent advances in the management of lower gastrointestinal diseases that are commonly seen in a primary care practice. Information presented is intended to enhance clinical competence in the office management and differential diagnosis of selected colon and rectal diseases and may include initial management as well as guidelines to assist in determining when referral to specialty consultants is indicated.

ACCREDITATION STATEMENT
In support of improving patient care, Creighton University Health Sciences Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.
## OBJECTIVES

### Session I
- Discuss history of 100-year practice of colon and rectal surgery.
- Review historical aspects of anorectal anatomy.
- Discuss causes and treatment options of anal fissure.
- Describe causes and management of pilonidal disease with special reference to armed forces.

### Session II
- Review the evolution of intestinal anastomoses over the years.
- Understand the importance of the gastrointestinal microbiome.
- Discuss management of Constipation.
- Review evaluation of treatment of patients with fecal incontinence.

### Session III
- Review the advances in colorectal cancer staging.
- Describe the changing concepts in the postoperative care after colonic surgery.
- Discuss evolution of radiation therapy.
- Review the advances in chemotherapeutic agents available to treat colorectal cancers.
- Discuss the genetic pathway of development of colorectal cancer.

## TOPICS

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<th>Time</th>
<th>Activity</th>
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<tr>
<td>7:15 a.m.</td>
<td>Registration, Continental Breakfast and Visit Exhibits</td>
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<tr>
<td>7:50 a.m.</td>
<td>Welcome and Program Overview, M. Shashidharan, MD, FRCS, FACS, FASCRS</td>
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### Session I—Anorectal Diseases: Management of Common Anorectal Complaints
*Moderator: Jennifer Beaty, MD, FACS, FASCRS*
- 8 a.m. *From the Beginning: A Specialty Practice of Colon and Rectal Surgery—1919 to 2019*, Alan Thorson, MD, FACS, FASCRS
- 8:20 a.m. *Evolution of Anorectal Anatomy*, M. Shashidharan, MD, FACS, FASCRS
- 8:40 a.m. *Anal Fissure: Finding the Root Cause*, Michael Jobst, MD, FACS, FASCRS
- 9 a.m. *Pilonidal Disease in Armed Forces: Historical Perspective*, Zachary Torgersen, MD
- 9:20 a.m. Panel Discussion with Alan Thorson, MD, FACS, FASCRS, M. Shashidharan, MD, FACS, FASCRS, Zachary Torgersen, MD, and Michael Jobst, MD, FACS, FASCRS
- 9:40 a.m. Break and Visit Exhibits

### Session II—New Technologies: Management of Colorectal Disorders
*Moderator: Charles Ternent, MD, FACS, FASCRS*
- 10 a.m. *Milestones in the Development of Intestinal Anastomosis*, Brian Sadowski, MD, FACS, FASCRS
- 10:20 a.m. *A Modern Historical Revolution: Understanding the Gut Microbiome*, Erin Jenkins, MD
- 10:40 a.m. *Managing Constipation Through the Ages*, Garnet Blatchford, MD, FACS, FASCRS

### Session III—New Concepts in the Management of Colorectal Cancer
*Moderator: Jennifer Beaty, MD, FACS, FASCRS*
- 11 a.m. *Solving the Riddle of the Sphincter*, Jennifer Beaty, MD, FACS, FASCRS
- 11:20 a.m. Panel Discussion with Erin Jenkins, MD, Brian Sadowski, MD, FACS, FASCRS, Garnet Blatchford, MD, FACS, FASCRS, and Jennifer Beaty MD, FACS, FASCRS
- 11:40 a.m. Break and Visit Exhibits

**Noon Lunch With Faculty—Meet the Professor**
Course faculty will be present at each table for individualized discussion of colon and rectal diseases. Bring your interesting cases and questions.

### Questions? Contact:
**Colin Dworak**, Director of Continuing Education Center for Professional and Corporate Excellence
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**Designed for:**
Primary care physicians, general surgeons, residents, nurse practitioners, physician assistants, nurses, pharmacists and support staff