Join us to learn about the latest advances in ambulatory care. Professionals in the field will share their knowledge regarding diagnosing and managing dementia, the unique challenges of alcoholism, obstructive sleep apnea, navigating the new opioid landscape and more.

**Friday, April 5–Saturday, April 6**

**Omaha Marriott Hotel**
10220 Regency Circle
Omaha, NE 68114

$150  Physicians, nurse practitioners, physician assistants and pharmacists

$100  Nurses, public health officials and other health care professionals

$75   Fellows, residents and full-time students

Verification of full-time student status may be requested either by phone or email from appropriate authority.

14 CE hours

Register at excellence.creighton.edu/2019PrimaryCare

**PURPOSE**
This conference is designed to update attendees regarding the evidence supporting best current clinical practices in ambulatory care. The information presented is intended to enhance clinical competence in the diagnosis and treatment of select primary care topics as identified by past participants.

**ACCREDITATION STATEMENT**
In support of improving patient care, this activity has been planned and implemented by Creighton University Health Sciences Continuing Education (HSCE) and CHI Health. Creighton University HSCE is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.
2019 Primary Care Update
Friday, April 5–Saturday, April 6

Register at excellence.creighton.edu/2019PrimaryCare

OBJECTIVES

At this conference, presenters will:
• Review the types, diagnosis and management of dementia in clinical practice
• Identify the challenges of alcoholism and its outpatient management and referral
• Identify the indications, types, interpretation and management of obstructive sleep apnea in a primary care setting
• Explain the assessment of irritable bowel syndrome and its management

• Describe the types and management of shoulder injuries due to repetitive use for primary care physicians
• Recognize the management of hypertension in the presence of comorbidities and indications of referral
• Evaluate the guidelines of pain management with opioid and non-opioid options and identify the challenges physicians encounter with opioid prescription
• Examine the spectrum of depressive illnesses and how to manage them
• Demonstrate spirometry with interpretation of results
• Demonstrate upper extremity casting

TOPICS

FRIDAY, APRIL 5, 2019
7:30 a.m.  Registration, Continental Breakfast and Visit Exhibits
7:45 a.m.  Welcome and Program Overview  
Naureen Rafiq, MD
Introduction of Keynote Speaker– Clark Lecture
Amy McGaha, MD
8 a.m.  Clark Lecture: Family Medicine–Changing Systems, Past, Present and Future  
Kevin Grumbach, MD
9 a.m.  Memory and Dementia: An Update  
Sanjay Singh, MD
10 a.m.  Break and Visit Exhibits
10:15 a.m.  Outpatient Management of Alcoholism  
S. Pirzada Sattar, MD
11:15 a.m.  Panel Discussion  
Moderator: Donald Frey, MD
11:45 a.m.  Industry Sponsored Lunch and Visit Exhibits
12:45 p.m.  Afternoon Session Welcome and Introduction  
Moderator: K. John Burhan, MD
1 p.m.  Management of Hypertension with Comorbidities  
M. Khalid Bashir, MD
2 p.m.  Irritable Bowel Syndrome  
Robert Kizer, MD
3 p.m.  Break and Visit Exhibits
3:15 p.m.  Repetitive Shoulder Injury  
Danielle Wooldrik, MD
4:15 p.m.  Panel Discussion
4:45 p.m.  Closing Remarks

SATURDAY, APRIL 6, 2019
7:30 a.m.  Registration, Continental Breakfast and Visit Exhibits
7:45 a.m.  Welcome and Program Overview  
Naureen Rafiq, MD
8 a.m.  Sleep Apnea  
Adam Highley, MD
9 a.m.  Navigating the New Opioid Landscape  
Charles Youngblood, MD and John Massey, MD
10 a.m.  Break and Visit Exhibits
10:15 a.m.  Spectrum of Depressive Illness and Management  
Monica Arora, MD
11:15 a.m.  Panel Discussion  
Moderator: Mark Goodman, MD
11:45 a.m.  Industry Sponsored Lunch and Visit Exhibits
12:45 p.m.  Afternoon Session Welcome and Introduction  
Moderator: K. John Burhan, MD
1 p.m.  Hands-on Session: Spirometry  
Adam Highley, MD and Roxanne Seieroe, MS, RRT, RPFT
2:30 p.m.  Break
2:45 p.m.  Hands-on Session: Casting Upper Extremities  
Joseph Stangl, PA-C
4:15 p.m.  Evaluation and Adjournment

Questions? Contact:
Colin Dworak, Director of Continuing Education Centre for Professional and Corporate Excellence  
402.280.1830
colindworak@creighton.edu

Designed for:
Primary care physicians, nurse practitioners, physician assistants, pharmacists, nurses, fellows, residents, students and other interested health care professionals